

2-22-2020

## 2020 SC OPEN - Columbia, SC

USPA/IPL

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
Women Raw Powerlifting			Open														
56kg Open																	
1	Merissa Schafer	NC	56kg	53	31	60	<del>70</del>	75	40	42.5	<del>47.5</del>	100	110	<del>120</del>	227.5	279.461	
60kg Open																	
1	Whitney Myers	SC	60kg	59.8	28	102.5	115	<del>122.5</del>	42.5	45	<del>55</del>	102.5	120	132.5	292.5	326.957	
67.5kg Open																	
1	Jessica Helms	NC	67.5kg	61.9	33	125	132.5	<del>140</del>	65	70	72.5	160	167.5	177.5	382.5	416.313	
90kg Open																	
1	Elizabeth Keith	GA	90kg	85.7	29	160	170	177.5	80	85	95	157.5	170	185	457.5	404.018	
2	Marjorie Haulbrooks	SC	90kg	88.3	29	125	140	<del>145</del>	55	<del>62.5</del>	<del>62.5</del>	110	120	127.5	322.5	280.93	
SHW Open																	
1	Carina Mone	NC	SHW	116.1	37	130	140	<del>150</del>	70	80	85	<del>125</del>	125	135	360	289.62	
2	Charlotte Collier	SC	SHW	102.7	46	105	115	<del>130</del>	65	72.5	<del>77.5</del>	117.5	127.5	137.5	325	268.58	286.843
Women Raw Powerlifting			Submaster														
SHW Submaster																	
1	Carina Mone	NC	SHW	116.1	37	130	140	<del>150</del>	70	80	85	<del>125</del>	125	135	360	289.62	
Women Raw Powerlifting			Master														
67.5kg Master 40-44																	
1	Kelian Hagerty	SC	67.5kg	66.4	41	112.5	117.5	<del>122.5</del>	72.5	77.5	<del>80</del>	140	147.5	155	350	361.48	365.095
90kg Master 40-44																	
1	Alicia Gamble	SC	90kg	84.1	42	120	127.5	132.5	57.5	62.5	<del>67.5</del>	170	177.5	<del>182.5</del>	372.5	331.972	338.611
SHW Master 45-49																	
1	Charlotte Collier	SC	SHW	102.7	46	105	115	<del>130</del>	65	72.5	<del>77.5</del>	117.5	127.5	137.5	325	268.58	286.843
Men Raw Powerlifting			Junior														
90kg Jr 20-23																	

1	Grant Sawyer	SC	90kg	89.6	23	<del>185</del>	185	<del>192.5</del>	142.5	<del>150</del>	<del>150</del>	225	237.5	245	572.5	366.286	
100kg Jr 20-23																	
1	Dakota Sheppard	SC	100kg	97.3	23	235	257.5	280	145	165	<del>190</del>	265	292.5	297.5	742.5	457.009	
110kg Jr 18-19																	
1	Lucas Haulbrooks	SC	110kg	106.6	18	142.5	150	<del>85</del>	85	<del>92.5</del>	<del>92.5</del>	192.5	<del>-----</del>	<del>-----</del>	427.5	254.149	
110kg Jr 20-23																	
1	Landon Hall	SC	110kg	107.7	23	185	195	<del>205</del>	<del>110</del>	<del>110</del>	120	185	195	210	525	311.01	
Men Raw Powerlifting																	
75kg Open																	
1	Elijah Burr	SC	75kg	73.6	28	162.5	165	177.5	117.5	127.5	132.5	165	190	202.5	512.5	370.076	
2	Adam Beebe	SC	75kg	74.9	28	150	160	<del>175</del>	110	117.5	<del>122.5</del>	175	182.5	<del>205</del>	460	328.072	
82.5kg Open																	
1	Jose Gonzalez	SC	82.5kg	82.2	39	192.5	200	205	117.5	125	<del>130</del>	227.5	237.5	247.5	577.5	387.734	
2	Matt Whisonant	SC	82.5kg	80.8	34	160	167.5	<del>172.5</del>	<del>120</del>	120	<del>122.5</del>	170	175	<del>182.5</del>	462.5	313.806	
90kg Open																	
1	Quintin Hall	SC	90kg	85.7	25	207.5	220	227.5	145	155	165	237.5	<del>250</del>	260	652.5	427.583	
2	Brian Meyer	NC	90kg	86.6	29	197.5	207.5	210	152.5	162.5	177.5	240	<del>252.5</del>	252.5	640	416.96	
3	James Meacham	NC	90kg	88.9	39	205	217.5	220	110	<del>112.5</del>	<del>112.5</del>	250	265	272.5	602.5	387.046	
4	Grant Sawyer	SC	90kg	89.6	23	<del>185</del>	185	<del>192.5</del>	142.5	<del>150</del>	<del>150</del>	225	237.5	245	572.5	366.286	
5	Josh Kale	SC	90kg	86.5	48	125	<del>142.5</del>	<del>-----</del>	130	<del>142.5</del>	<del>142.5</del>	185	195	<del>205</del>	450	293.355 321.81	
100kg Open																	
1	Dakota Sheppard	SC	100kg	97.3	23	235	257.5	280	145	165	<del>190</del>	265	292.5	297.5	742.5	457.009	
110kg Open																	
1	Isaac Smith	NC	110kg	103.0	26	190	205	<del>215</del>	130	137.5	<del>145</del>	280	300	<del>305</del>	642.5	386.592	
2	Dan Gossett	SC	110kg	108.3	42	150	<del>160</del>	<del>-----</del>	182.5	<del>185</del>	<del>-----</del>	192.5	200	207.5	540	319.356 325.743	
3	Landon Hall	SC	110kg	107.7	23	185	195	<del>205</del>	<del>110</del>	<del>110</del>	120	185	195	210	525	311.01	
125kg Open																	
1	Cody Ellison	SC	125kg	119.9	30	227.5	240	252.5	192.5	200	212.5	60	<del>-----</del>	<del>-----</del>	525	301.875	
140kg Open																	
1	Tyler Haulbrooks	SC	140kg	130.6	27	145	157.5	162.5	85	97.5	105	182.5	200	210	477.5	269.835	

Men Raw Powerlifting		Submaster															
82.5kg Submaster																	
1	Jose Gonzalez	SC	82.5kg	82.2	39	192.5	200	205	117.5	125	<del>130</del>	227.5	237.5	247.5	577.5	387.734	
90kg Submaster																	
1	James Meacham	NC	90kg	88.9	39	205	217.5	220	110	<del>112.5</del>	<del>112.5</del>	250	265	272.5	602.5	387.046	
2	Corey Gailliard	SC	90kg	89.8	36	172.5	182.5	187.5	130	<del>137.5</del>	<del>145</del>	227.5	237.5	260	577.5	369.08	
Men Raw Powerlifting		Master															
90kg Master 45-49																	
1	Josh Kale	SC	90kg	86.5	48	125	<del>142.5</del>	<del>145</del>	130	<del>142.5</del>	<del>142.5</del>	185	195	<del>205</del>	450	293.355	321.81
90kg Master 55-59																	
1	Mike Regan	SC	90kg	85.3	59	90	105	<del>115</del>	57.5	67.5	<del>82.5</del>	122.5	137.5	160	332.5	218.453	287.265
100kg Master 40-44																	
1	Christian Robertson	SC	100kg	95	42	120	122.5	140	105	115	<del>122.5</del>	150	170	182.5	437.5	272.125	277.568
110kg Master 40-44																	
1	Dan Gossett	SC	110kg	108.3	42	150	<del>160</del>	<del>165</del>	182.5	<del>185</del>	<del>190</del>	192.5	200	207.5	540	319.356	325.743
140kg Master 40-44																	
1	Joe Cunningham	SC	140kg	139.1	43	215	225	<del>235</del>	155	165	<del>175</del>	215	230	240	630	352.359	363.282
2	Wesley Hoover	SC	140kg	135.2	42	182.5	200	<del>207.5</del>	160	165	177.5	160	170	182.5	560	314.608	320.9
Women Classic Raw Powerlifting		Open															
75kg Open																	
1	Megan Palicka	NC	75kg	74.7	32	150	155	<del>160</del>	82.5	87.5	<del>90</del>	160	165	<del>170</del>	407.5	388.348	
Men Classic Raw Powerlifting		Junior															
125kg Jr 20-23																	
1	Harrison Little	NC	125kg	122.3	22	315	332.5	<del>342.5</del>	<del>190</del>	190	200	<del>305</del>	<del>305</del>	305	837.5	479.469	
Men Classic Raw Powerlifting		Open															
82.5kg Open																	

1	Luis Becerra	NC	82.5kg	81.2	38	200	<del>-202.5</del>	<del>-207.5</del>	<del>-155</del>	<del>-155</del>	155	195	210	<del>-220</del>	565	382.166	
90kg Open																	
1	Michael Edwards	SC	90kg	89.2	47	192.5	207.5	<del>-220</del>	<del>-117.5</del>	<del>-127.5</del>	132.5	232.5	255	272.5	612.5	392.796	425.006
2	Shane Bistline	GA	90kg	87.8	25	<del>-145</del>	162.5	170	85	95	<del>-105</del>	175	192.5	212.5	477.5	308.799	
100kg Open																	
1	Danny Steele	NC	100kg	94.7	31	242.5	260	272.5	145	160	<del>-170</del>	250	272.5	<del>-290</del>	705	439.145	
2	Zachary Kendall	NC	100kg	100	25	<del>-220</del>	230	240	<del>-125</del>	135	<del>-147.5</del>	240	252.5	<del>-272.5</del>	627.5	381.897	
110kg Open																	
1	Phillip Brinkman	NC	110kg	105.2	26	265	280	<del>-295</del>	172.5	185	<del>-190</del>	240	262.5	272.5	737.5	440.435	
2	Jonathan Brogden	NC	110kg	108.0	34	227.5	230	<del>-275</del>	215	<del>-227.5</del>	<del>-227.5</del>	<del>-272.5</del>	285	<del>-295</del>	730	432.087	
125kg Open																	
1	Harrison Little	NC	125kg	122.3	22	315	332.5	<del>-342.5</del>	<del>-190</del>	190	200	<del>-305</del>	<del>-305</del>	305	837.5	479.469	
2	Joseph Shipley	GA	125kg	117.2	28	322.5	<del>-350</del>	<del>-350</del>	165	182.5	190	300	317.5	<del>-332.5</del>	830	479.906	
3	Brian Albrecht	SC	125kg	123.6	31	305	317.5	<del>-322.5</del>	202.5	<del>-207.5</del>	<del>-207.5</del>	280	<del>-297.5</del>	<del>-297.5</del>	800	456.96	
Men Classic Raw Powerlifting Submaster																	
82.5kg Submaster																	
1	Luis Becerra	NC	82.5kg	81.2	38	200	<del>-202.5</del>	<del>-207.5</del>	<del>-155</del>	<del>-155</del>	155	195	210	<del>-220</del>	565	382.166	
Men Classic Raw Powerlifting Master																	
90kg Master 40-44																	
1	Ryan Gosnell	NC	90kg	86.8	44	<del>-197.5</del>	197.5	<del>-215</del>	145	<del>-150</del>	<del>-150</del>	205	220	<del>-230</del>	562.5	366.019	381.758
90kg Master 45-49																	
1	Michael Edwards	SC	90kg	89.2	47	192.5	207.5	<del>-220</del>	<del>-117.5</del>	<del>-127.5</del>	132.5	232.5	255	272.5	612.5	392.796	425.006
140kg Master 40-44																	
1	Brandon Lockhart	VA	140kg	136.5	42	235	250	260	167.5	172.5	<del>-180</del>	255	<del>-262.5</del>	262.5	695	389.895	397.693
Men Single Ply Powerlifting Open																	
90kg Open																	
1	James Green	NC	90kg	82.8	29	182.5	205	227.5	165	<del>-175</del>	175	255	<del>-275</del>	<del>-275</del>	657.5	439.539	

Men Raw Bench Only		Open									
100kg Open											
1	Brendan Vannostrand	SC	100kg	99.8	29	197.5	<del>-215</del>	<del>-215</del>	197.5	120.297	
110kg Open											
1	Jonathan Brogden	NC	110kg	108.0	34	215	<del>-227.5</del>	<del>-227.5</del>	215	127.259	
2	Russell Broadway	TN	110kg	104.1	56	155	<del>-162.5</del>	<del>-162.5</del>	155	92.907	115.762
125kg Open											
1	Scott Compton	NC	125kg	111.3	27	187.5	195	205	205	120.212	
Men Raw Bench Only		Master									
100kg Master 55-59											
DQ	Chuck Graves	GA	100kg	96.5	56	<del>-152.5</del>	<del>-</del>	<del>-</del>	0	0	0
110kg Master 55-59											
1	Russell Broadway	TN	110kg	104.1	56	155	<del>-162.5</del>	<del>-162.5</del>	155	92.907	115.762
140kg Master 40-44											
1	Wesley Hoover	SC	140kg	135.2	42	160	165	177.5	177.5	99.72	101.714
SHW Master 50-54											
1	Wayne Vannostrand	SC	SHW	146.5	50	272.5	280	<del>-</del>	280	155.428	175.634
Women Raw Deadlift Only		Open									
90kg Open											
1	Elizabeth Keith	GA	90kg	85.7	29				157.5	170	185
Men Raw Deadlift Only		Junior									
52kg JR											
1	Trace Bailey	NC	52kg	36.4	10				85	95	<del>-105</del>
110kg Jr 20-23											
1	Brennan Hahn	SC	110kg	104.6	20				155	175	<del>-182.5</del>
Men Raw Deadlift Only		Open									
125kg Open											

1	James Marshall	GA	125kg	113.3	42						240	257.5	275	275	160.435	163.644
	SHW Open															
1	Jake Henderson	SC	SHW	142.3	31						272.5	295	<del>317.5</del>	295	164.463	
	Men Raw Deadlift Only 125kg Master 40-44															
1	James Marshall	GA	125kg	113.3	42						240	257.5	275	275	160.435	163.644
	Men Multi Ply Deadlift Only 125kg Open															
1	Jeff Breisch	SC	125kg	125	31						337.5	<del>345</del>	<del>365</del>	337.5	192.308	
	Women Raw Push-Pull 56kg Open															
1	Merissa Schafer	NC	56kg	53	31			40	42.5	<del>47.5</del>	100	110	<del>120</del>	152.5	187.331	
	75kg Open															
1	Mercedes Litchfield	SC	75kg	74.5	28			<del>42.5</del>	<del>42.5</del>	42.5	115	125	132.5	175	167.073	
	Men Raw Push-Pull 82.5kg Open															
1	Teddy Perretti	NC	82.5kg	82.3	26			142.5	150	155	275	292.5	<del>300</del>	447.5	300.228	
	Men Raw Push-Pull 125kg Master 45-49															
1	J.J. Bailey	SC	125kg	124	45			120	132.5	142.5	197.5	210	232.5	375	214.05	140.01
	Men Single Ply Push-Pull 90kg Open															
1	James Green	NC	90kg	82.8	29			165	<del>175</del>	175	255	<del>275</del>	<del>275</del>	430	287.455	

### Best Lifters

Name State Class Weight Age Equip Events Comp Sex Wilks McC

Jessica Helms	NC	67.5kg	61.9	33	Raw	PL	Open	Women	416.313	
Dakota Sheppard	SC	100kg	97.3	23	Raw	PL	Open	Men	457.009	
Joe Cunningham	SC	140kg	139.1	43	Raw	PL	Master	Men		363.282
Joseph Shipley	GA	125kg	117.2	28	Clraw	PL	Open	Men	479.906	

Thanks to all the Staff

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State Refs:  
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Mike Bussman  
Jeremy Poole

Spotter/Loaders:  
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John McDonald  
Todd Bolton  
Jason Corbett  
Tricia King  
Chelsea Burgess